

# STAYCATIONNL

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**5**

WAYS TO  
SPEND YOUR  
DAYS!!

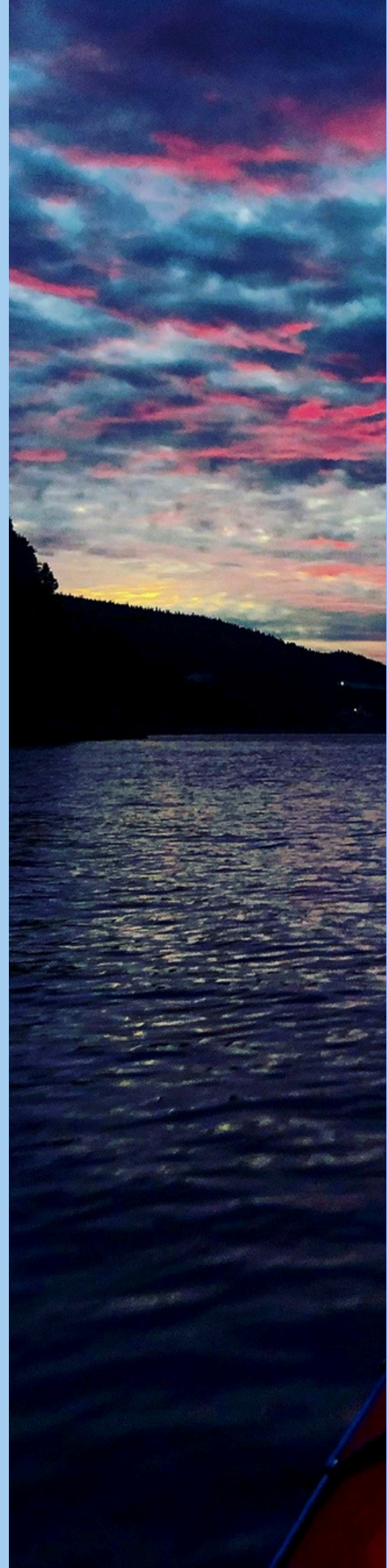
JOURNEY  
TO DISCOVER NL





# TABLE OF CONTENTS

- INTRODUCTION P 3-6
- HIKING P 7-21
- THINGS TO DO P 22-77
- UNIQUE THINGS TO DO P 77-79
- UNESCO SITES P 80- 86
- CRAFT BEER SCENE. P 87-95
- IN AND AROUND TOWN O 96-100
- ROADTRIP WORTHY COMMUNITIES  
P 96-110
- HOW TO GET HERE P 110- 113
- TRAVEL TIPS





## LIVE LIKE A LOCAL: 100 WAYS TO SPEND YOUR DAYS IN NEWFOUNDLAND LABRADOR

Heh, I am Lori! I started to blog about the province of Newfoundland and Labrador during the pandemic because we were “stuck” here at home and there was no way out! As a child we toured around the province in my dad's old blue 1980 something Ford Impala! I thought I saw a lot of this province and I did thanks to my parents BUT as I got older ( and got my own money) I thought I had to leave this province to find unique stays and adventure! I thought that "There was nothing to see here". So I started travelling. We went to Florida, the all inclusives, New York City, Las Vegas, Caribbean cruises, Ireland and most recently a Mediterranean cruise. I love to travel..... Then in March 2020 it all came to a screeching halt as the COVID 19 pandemic was unleashed



I remember creating StaycationNL, it was May 5, 2020. I decided to create a Facebook group to add a bit of adventure to my life and explore fresh sights here at HOME. I called it StaycationNL- Your guide to the good spots in Newfoundland and Labrador. To my amazement, I stumbled upon a treasure trove of new discoveries, from secret hideaways to buzzing communities, and amazing restaurants to swoon-worthy Airbnbs. Who knew my backyard could be so wild? I was over the moon to find so many outdoor adventures and exciting activities waiting for me. Safe to say, my thirst for adventure was quenched and then some! During the summer 2020, StaycationNL became the most popular place to hang out on Facebook, as everyone was in the same boat. Our group quickly grew, and my curiosity grew with it. I was amazed at all the incredible places I discovered, and began to compile a massive list of must-visit destinations. I even became an ambassador for our province, making it my mission to share my newfound knowledge with as many people as possible. I feel like this whole new found appreciation for Newfoundland Labrador is my love letter to my HOME!





I was instantly obsessed! Using the suggestions of our then 5,000 followers, I began to choose places to visit and explore. Today, we have over 100 000 followers and our community continues to grow.

With StaycationNL, I'm on a mission to share the awesomeness of our province with the world! I'm a true believer that our homeland is a hidden treasure, an absolute gem of charm and wonder. Being a proud Newfoundlander, I can't wait to show everyone the endless adventures and beauty that await in our neck of the woods.

So Listen up, my fellow travel bugs! I've traveled enough to know, and let me tell you, our province is something else. It's like a treasure chest filled with once-in-a-lifetime experiences that'll make your vacay unforgettable. You can go from rugged off-the-grid glamping to indulgent five-star pampering, all while tasting the most award-winning, mouth-watering cuisine around. Trust me, we've got it all!

Whether you're planning a staycation, daycation or an awaycation, it's all about enjoying the moment and having fun.





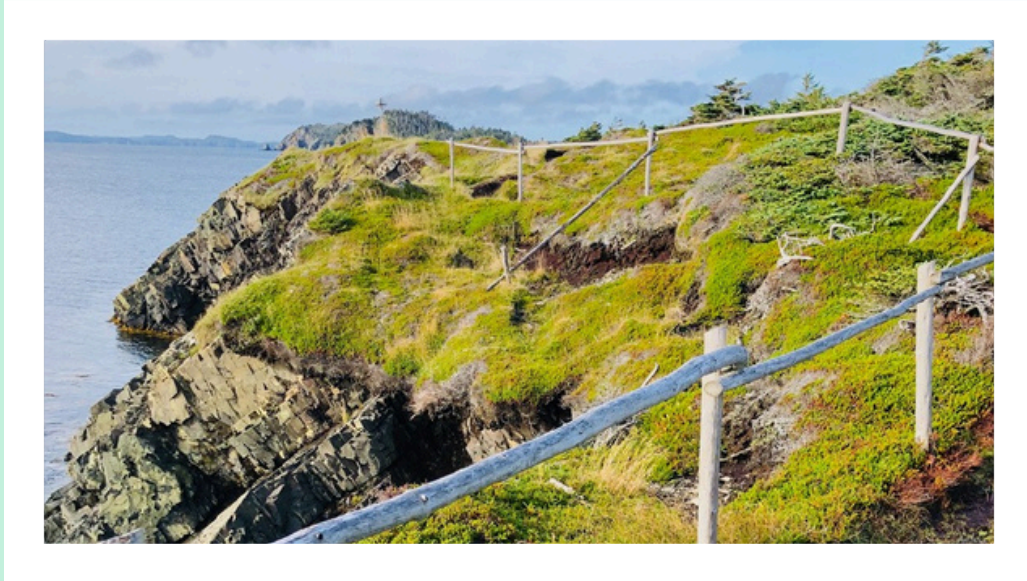
Come see our beautiful home through our eyes! To help inspire your own travels, here's a list of 100 ways to spend your days. This compilation includes places we've visited, hidden gems to uncover, and spots on our bucket list. While this list only reflects our experiences since 2020, and a few childhood adventures, there are still many more hidden treasures in the Newfoundland and Labrador to be rediscovered for StaycationNL, so stay tuned for Volume 2!

P.S. These are just my own suggestions and are not the thoughts of every Newfoundlander and Labradorian. There is soooooo much to see and do here in this lovely province which is why I suspect there will be 101 plus things to do here.....





# EXPLORE NEWFOUNDLAND LABRADOR: HIKING



Newfoundland is an ideal place for hiking enthusiasts. Whether you're a seasoned hiker or just starting out, Newfoundland has something to offer everyone. With its stunning natural beauty and diverse range of landscapes, it's no wonder that hiking is such a popular activity on the island. During the pandemic we hiked a lot. It was the absolute best activity for social distancing....which was the cool thing to do at that time! The fresh air is good for the soul! These trails are just the tip of the hiking iceberg here in Newfoundland and Labrador so lace up those hikers and get going! While there are sooooo many fantastic trails in our province and there are several on my bucketlist, these are just a few that we were lucky enough to experience in our quest to explore the great outdoors! We recommend to download the Alltrails app for best info on location, levels and reviews!





# 04

## HIKETHE CHANCE COVE BEACH WALKING TRAIL

Hike the Chance Cove walking trail. It's located about an hour west of St Johns on the Isthmus Peninsula. This one gained a lot of interest during the pandemic and became a very popular destination for hikers and those just wanting to explore. I grew up not far from this one and I didn't even know that it existed. I felt almost embarrassed as it is spectacular. Plenty of places to take a spell and capture the perfect selfie so put this one on your list.

The deets: it takes about an hour but it does depend on how long you spend at the beach at the end and how many photos you take!





# 42

## LOCATE THE PUFFINS!

The official bird of our province. Puffins are the cutest little birds. For some reason I thought that they were larger but they are only about 12 inches high. There are a couple of different places to find them in NL but Bay Bulls, Bonavista near the lighthouse and Elliston are the best places! We found thousands of them on puffin island which is located right at the very end of the community of Elliston. You walk out about ten minutes to see them fluttering around. You see they burrow down into the island for shelter but I think they like the attention so they come to the mainland. They are darling.



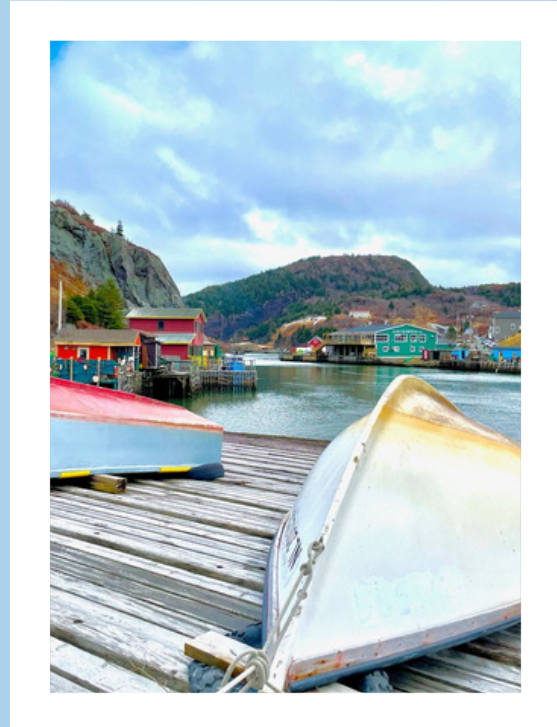


# 53

## TAKE THE BOAT TOUR AT WESTERN BROOK POND

Take the boat tour at Western Brook Pond at the foot of the fjords of Gros Morne Mountain. We took this tour a few years back and it was simply stunning. Surrounded by the mountains as you cruise in through the fjords is a must see. It's definitely worth it!





# 77

## VISIT QUIDI VIDI VILLAGE

Visit Quidi Vidi Village and stroll around one of the most scenic villages in the province. Although the locals can't agree on where the name actually came from they all agree it's a gem. Grab a bite to eat, grab a drink, check out local artisans at The Quidi Vidi Artisan Studio or just capture some of the NL vibes here in this quaint village. The story goes that the first settlers here in NL came from Ireland and built their fishing stages there on the water for the upcoming fishing season. Some eventually stayed and got the stages ready for the fisherman who would return in the spring.





# 90

## VISIT DILDO

Dildo was not always the touristy hot spot that it is nowadays! The town of Dildo in Newfoundland is a charming, offbeat destination with a unique name that often piques curiosity, but it offers much more than that. Nestled along the scenic shores of Trinity Bay, Dildo is known for its breathtaking ocean views, colorful fishing stages, and vibrant small-town atmosphere. The friendly locals and laid-back vibe make it a fun and memorable stop on any Newfoundland road trip. Whether you're enjoying a relaxing afternoon by the water or snapping photos with the infamous Captain Dildo statue, this unique town leaves an unforgettable impression.



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**CLICK HERE TO**  
**DOWNLOAD**  
**THE FULL VERSION**  
**OF 100 WAYS TO SPEND**  
**YOUR DAYS**  
**TO DISCOVER NL**





## **HOW TO GET TO NEWFOUNDLAND & LABRADOR: YOUR ULTIMATE TRAVEL GUIDE**

NEWFOUNDLAND & LABRADOR MAY BE ONE OF CANADA'S MOST REMOTE PROVINCES, BUT GETTING HERE IS ALL PART OF THE ADVENTURE! WHETHER YOU PREFER TO FLY, FERRY, OR ROAD TRIP, THERE ARE MULTIPLE WAYS TO EXPLORE THIS BREATHTAKING DESTINATION. HERE'S HOW TO GET HERE, PLUS SOME PRO TIPS TO MAKE THE MOST OF YOUR VISIT!







## *BY AIR – THE FASTEST WAY*

FLYING IS THE QUICKEST AND EASIEST WAY TO REACH NEWFOUNDLAND & LABRADOR, WITH MULTIPLE AIRPORTS ACROSS THE PROVINCE.



### *MAJOR AIRPORTS:*

***ST. JOHN'S INTERNATIONAL AIRPORT*** (YYT) – BEST FOR EXPLORING EASTERN NEWFOUNDLAND, INCLUDING ST. JOHN'S, CAPE SPEAR, AND TRINITY.

***GANDER INTERNATIONAL AIRPORT*** (YQX) – IDEAL FOR CENTRAL NEWFOUNDLAND AND THE SCENIC ROAD TO THE ISLES.

***DEER LAKE REGIONAL AIRPORT*** (YDF) – YOUR GATEWAY TO WESTERN NEWFOUNDLAND, INCLUDING GROS MORNE NATIONAL PARK.

***WABUSH AIRPORT*** (YWK) – SERVING LABRADOR WEST INCLUDING LAB CITY

***GOOSE BAY AIRPORT*** (YYR) – THE MAIN AIRPORT FOR LABRADOR, PERFECT FOR ADVENTURERS HEADING TO TORNGAT MOUNTAINS NATIONAL PARK.



PRO TIP: BOOK FLIGHTS EARLY, ESPECIALLY IN SUMMER (PEAK SEASON). ALSO, WATCH FOR SEAT SALES FROM AIR CANADA, WESTJET, PORTER, AND PAL AIRLINES!



***BY FERRY – A SCENIC JOURNEY  
FOR THOSE WHO LOVE A GOOD ROAD TRIP,  
TAKING A FERRY FROM MAINLAND CANADA  
TO NEWFOUNDLAND IS AN INCREDIBLE  
WAY***

**TO TRAVEL.**



***MARINE ATLANTIC FERRIES (FROM NOVA  
SCOTIA TO NEWFOUNDLAND):***

***NORTH ~~SYDNEY~~ ~~NEW~~ ~~UN~~SBASQUES, NL***

***(YEAR-ROUND, ~7-HOUR JOURNEY) – BEST FOR  
EXPLORING WESTERN NEWFOUNDLAND & GROS  
MORNE.***

***NORTH SYDNEY, NS      ARGENTIA, NL***

***(SEASONAL, ~16-HOUR JOURNEY) – BEST FOR  
EASTERN NEWFOUNDLAND, INCLUDING ST.  
JOHN’S.***




***LABRADOR MARINE FERRIES – CONNECTS  
NEWFOUNDLAND TO LABRADOR AND OTHER  
REMOTE COMMUNITIES.***



**PRO TIP: IF BRINGING A CAR, BOOK FERRY RESERVATIONS  
IN ADVANCE, ESPECIALLY IN SUMMER. CONSIDER BOOKING A  
CABIN FOR OVERNIGHT CROSSINGS—IT’S WORTH IT!**





 **BY ROAD** – THE ULTIMATE ADVENTURE  
IF YOU'RE DRIVING FROM MAINLAND  
CANADA, TAKE THE TRANS-CANADA  
HIGHWAY TO NORTH SYDNEY, NOVA  
SCOTIA, THEN HOP ON THE MARINE  
ATLANTIC FERRY TO NEWFOUNDLAND.  
ONCE HERE, NEWFOUNDLAND'S TCH  
(TRANS-CANADA HIGHWAY) CONNECTS THE  
ENTIRE ISLAND, AND LABRADOR IS  
ACCESSIBLE VIA THE LABRADOR HIGHWAY  
(ROUTE 500).

 **PRO TIP:** DISTANCES IN NEWFOUNDLAND & LABRADOR  
CAN BE MUCH LONGER THAN THEY APPEAR ON A MAP.  
ALWAYS FACTOR IN EXTRA DRIVING TIME AND FILL UP ON  
GAS WHEN YOU CAN, ESPECIALLY IN REMOTE AREAS!

***CLICK HERE*** TO LEARN MORE ABOUT OUR  
BESTROADTRIPS ON THE ISLAND!!!



## PROTIPS FOR VISITING NEWFOUNDLAND & LABRADOR

✓ DRESS FOR THE WEATHER – NEWFOUNDLAND WEATHER IS UNPREDICTABLE! PACK LAYERS, A WATERPROOF JACKET, AND GOOD WALKING SHOES.

✓ DOWNLOAD OFFLINE MAPS – MANY AREAS HAVE LIMITED CELL SERVICE, SO DOWNLOAD GOOGLE MAPS OFFLINE BEFORE HEADING OUT.

✓ RESPECT WILDLIFE – KEEP A SAFE DISTANCE FROM MOOSE, WHALES, AND PUFFINS. DRIVE CAUTIOUSLY—MOOSE ARE COMMON ON HIGHWAYS!

✓ TRY THE LOCAL FOOD – DON'T LEAVE WITHOUT TASTING JIGGS' DINNERS, TOUTONS, SEAFOOD, AND BAKEAPPLE JAM!

✓ EMBRACE THE LOCAL CULTURE – FROM KITCHEN PARTIES TO SCREECH-INS, NEWFOUNDLANDERS ARE KNOWN FOR THEIR HOSPITALITY—SO JOIN IN THE FUN!



NO MATTER HOW YOU GET HERE, NEWFOUNDLAND & LABRADOR IS WORTH THE JOURNEY! ARE YOU PLANNING YOUR TRIP? LET ME KNOW IN THE COMMENTS!

#EXPLORENL #TRAVELNEWFOUNDLAND  
#ROADTRIPNL #CANADAADVENTURE

[CLICK HERE TO DOWNLOAD THE FULL VERSION OF 100 WAYS TO SPEND YOUR DAYS](#)



# THANK YOU FOR READING!



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